

or 23 years, Casa de las Campanas – a unique continuing care retirement community – has operated successfully on a beautiful 23-acre site nestled in the hills of Rancho Bernardo overlooking Lake Hodges.

Though it's a gorgeous setting, it's the residents that make Casa de las Campanas such a wonderful place to call home, according to Marge Pronovost, Director of Sales and Marketing. "We are continually recognized in San Diego as a vibrant place for active adults to live," she said. "However, it is our residents who truly make our community a special place."

Each resident pays an entrance fee for their lifetime contract that includes guaranteed unlimited, health-related services. Fees are based on apartment square footage. The community offers 380 apartment homes. One, two and three-bedroom plans are available in a variety of sizes, with the largest being 1,934 square feet. The property also features a full fitness center, two outdoor heated swimming pools and a dinner theater and social lounge for residents.

The Casa de las Campanas way of life includes meals at one of two separate dining rooms, regular housekeeping, many residential services and numerous planned activities in addition to no worries about the future.

Additional amenities include 24-hour security, guest rooms for out of town guests along with complimentary breakfast, an on-site corner store stocked with snacks, gifts and the basic necessities, an arts and crafts room, a





CASA DE LAS CAMPANAS AT A GLANCE

Executive Director: Kim Dominy

Director of Sales

and Marketing: Marge Pronovost

Year Opened: 1989

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hobby shop with machinery and tools, and much more

"With 40 different Casa de las Campanas community clubs and committees our residents never are bored or lonely. Our residents enjoy the camaraderie they feel socializing over a delicious meal, sharing exercise tips at the fitness center or chatting after a game of Bridge," Pronovost said.

If a resident's healthcare needs change either temporarily or permanently, Casa de las Campanas provides the appropriate care — whether it is in-home health services and supportive care, temporary care, long-term skilled nursing care or memory-care in the state of the art Palmer Special Care Residence. The Casa de las Campanas promise assures residents that care will be provided with no increase in their monthly fee.

Casa de las Campanas is unique in the way it's structured as a not-for-profit and a Type A designation. "We are the only Continuing Care Retirement Community (CCRC) in San Diego County that can make that claim," Pronovost noted. "Type A provides the most extensive agreement with unlimited nursing care at no additional increase to the monthly fee."

She added that the not-for-profit status is an important distinction allowing Casa de las Campanas to fund continual updates and improvements. "This is important because resident satisfaction is our first priority. Casa de las Campanas is an excellent value with a surprisingly affordable plan. We have a first rate reputation with more than two decades of successful operation – and we enjoy the respect of local residents, civic leaders and the medical community in the San Diego area."

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Pronovost said the retirement community has flexible financial options, such as providing a time period during which a resident may leave Casa de las Campanas and receive a partial refund of their entrance fee. Plus, the "Return of Capital Contract" guarantees a significant portion of the initial entrance fee is refunded to the resident or resident's estate.

Originally conceived as the vision of a group of retired teachers,
Casa de las Campanas now is managed by Life Care Services – a recognized leader in the senior living industry that currently serves more than 80 communities nationwide.

Residents of the community have unlimited access to four levels of health services – all available on-site:

- •Health services and supportive care provided in one's own apartment home if needed.
- •Long-term skilled nursing care with a 5-star rating.
- •Assisted living wing with private apartments.
- •Memory care in the Palmer Special Care Residence.

In addition, on-site recuperative care and rehabilitative therapies to help restore good health after surgery or brief illness are available.

Casa de las Campanas is especially designed for active, involved people who are determined to continue living life to the fullest, Pronovost said. "Our philosophy of continuing

'Casa de las Campanas is a not-for-profit Continuing Care Retirement Community providing residents with the highest quality of care and services, honoring their dignity and promoting independence.'

> ~ MARGE PRONOVOST, Casa de las Campanas

care makes it possible. We are a proven San Diego Continuing Care Retirement Community (CCRC) offering the combination of unlimited social and recreational senior living opportunities, high-quality professional services, abundant amenities and peace of mind which only Type A unlimited on-site health services can provide," she stressed. "From the private times you decide to spend in your own residence to the social and recreation choices you make each day, living at Casa de las Campanas means remaining in control of your life. You'll start by choosing your new retired living home from 12 different floor plans, then decorating and furnishing to your own tastes. From that point on, you'll be able to express your individuality each and every day by setting your own lifestyle."

Casa de las Campanas is located at 18655 West Bernardo Drive, off Interstate 15 in North San Diego County. To make an appointment for a tour, call Marge Pronovost at 858-592-1811.

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